

In the Bible we see that the young Tobias, who had a long visit from the Archangel St. Raphael, loved his parents very much. After Tobias was married, his father-in-law asked him to stay a few days longer. But Tobias answered: ***“I know that my father and mother count the days and their spirit is much saddened.”***

Then he said to the Archangel Raphael: ***“You know that my father counts the days, and if I stay one day more he will be unhappy.”***

So you see children, you must follow the good example of the young Tobias toward your parents and even your grandparents. Do special things for them especially when they are tired. Offer to get their shoes or slippers for them. Bring them a drink or a little snack. You can even offer to rub their tired aching feet for them.

Blessed Sebastian was an obedient child. He never had to be told anything a second time. He was always happy to do as his parents asked or wished.

One day his mother left him in the kitchen to watch some food that was boiling on the fire. He did the best he could to obey his mother but the pot boiled over and the food spilled onto the floor.

The poor little boy was very much troubled at what had happened and he knew that his mother would feel most unhappy about the food boiling over. When his mother came into the house he went up to her at once, saying: ***“O, mother, if you like, I am ready to be beaten, because the pot on the fire has all boiled over.”***

But his mother did not punish nor even scold her little son, because she was a good woman, who was happy to see that Sebastian was truthful and obedient.

When a parent can say: ***“Thanks be to God that we have good children who are obedient and listen to what they are told,”*** then those parents are quite happy even though they have other problems.

If you really love your parents, you will pray for and help them always. When they are sick, make sure you get a priest to come and visit them and give them Holy Communion. And if you lose one or both of your parents by death, always pray for them to be released from Purgatory and over the years have many Masses said for them.



The basilica of Lourdes



THE GUARDIAN OF CRUSADERS

Bulletin of the Eucharistic Crusade for Canada

March 2011 # 212

Ash Wednesday

Dear Crusaders,

On March 9, Lent will officially start with Ash Wednesday. On that day, when you go to Church, the priest will put ashes on your forehead. At that time, he will say these words: "Remember man, that thou came out of dust, and that thou shall return into dust."

What is dust? It is something dirty that comes with the wind, and settles everywhere in the house. Remember how many times your mother asked you to wipe the dust from the floor of your bedroom, especially from under the bed.

Just think about that you are like that dust that you keep chasing away every day. Dust has no value, but we have to get rid of it all the time. When you pick it up from the floor, the dust has no choice but to obey and move into the dust pan.

Would it be possible that dust disobey you, and refuse to go into the dust pan? Of course not! But men commit sin: every day they disobey God's Commandments, though they are like dust. That is really bad! That is why God is going to punish sinners that, unlike dust, revolt against Him.

As the priest will remind you on Ash Wednesday, you will know quite well that you are like dust, and that you will have to put yourselves in His hands when He will come to pick you up with the dust pan.

Meanwhile, take advantage of this season of Lent to clean up dust from your soul by a good confession, and to offer up sacrifices. If it is the duty of a Crusader to offer Sacrifices every day, such duty should be especially enforced during Lent.

When you do sacrifices, you should not be sad but happy, but do it with a smile, because you will be helping Jesus to clean up the dust from your souls. Whatever you do to help Jesus should make you happy.

Father Dominique Boulet

* On February 5th, I said Mass for the intentions of the Eucharistic Crusade in Canada

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crucified, the more I rejoice." She suffered the terrible trial of "the dark night of the soul". God had hidden Himself from her soul and the poor sister feared for her eternal salvation in spite of Our Lady's promise that she would go to Heaven.

Sr. Marie Bernard's final illness lasted for about four months. She had a tumour on her right leg and a disease of the bone. She coughed continuously and this caused her more pain because her body shook when she coughed. As Bernadette was nearing death she repeated the word's, "**Heaven, Heaven**". Another time she shouted, "**Get out Satan! Get out Satan!**"...for the devil



had tried to throw himself on top of her. Then she said 'Jesus' and the devil left. Her sufferings and temptations continued but she remained confident in Jesus

and Mary. Then shortly after praying, "**Pray for me...poor sinner...poor sinner...**" Bernadette went to Heaven. It was April 16, 1879. Today her body rests in the chapel in the convent of Nevers and lying in a lovely glass and brass reliquary, she looks like a sleeping beauty!

St. Bernadette, Pray for Us.

The End

DO YOU REALLY LOVE YOUR PARENTS?

Little Talks to Little People

If you really love your parents you will be happy when they are happy and sad when they are sad. Today I am going to tell you a few little stories about children who loved their parents.

far away from them, it is a comfort to think that you have prayed for them."

In the same year, Sr. Martha was too sick, so Sr. Marie Bernard became the head Infirmarian and Pharmacist. She did this job willingly and looked after her patient's with the greatest care. To Sr. Garros who was helping her she said, ***"Our vocation is precious because it gives us the chance to relieve the poor. If you are sent to a hospital, remember to see Our Lord in the person of the poor soul. And remember, the more disgusting the poor person is, the more that person is to be loved."*** And on another day when Sr. Garros was taking a blind nun with cancer for a walk, Bernadette told the young sister, ***"Take care of her as if she were God Himself!"***



Sr. Martha died in 1872, and Sr. Marie Bernard was made official head Infirmarian. In January 1873, she suffered another terrible attack of asthma. It took until April 13th of that year to recover. She became ill

again in May. Later in June she received the Last Rites but she recovered by October. However in November, Bernadette went to the hospital and the doctor advised the Superiors of Nevers that working in the infirmary was not good for Bernadette's bronchial condition.

In January 1874, Sr. Marie Bernard was given the new post of assistant Sacristan. She took much delight in decorating Our Lady's altar and in being close to Our Lord and she always showed great reverence for holy things.

On Christmas Eve, 1874, when Bernadette put the Baby Jesus in the manger, she said to Him: ***"You must have been very cold my poor little Jesus, in the stable at Bethlehem. Those people were heartless not to give you a place to stay. I am glad to give you a place to stay."***

In October 1875, Sr. Marie Bernard could no longer do much work in the convent. Her health was now much worse and she became an invalid in the infirmary. Her many illnesses were Bernadette's crosses for the rest of her life. Being sick and feeling useless were very difficult for her to bear because by nature she was a very active person. She always prayed for the grace to be patient in her sufferings and often said that it was her job to be sick. Bernadette learned to love suffering as the way to God. She wrote: ***"The more I am***

ST. BERNADETTE



On July 16, 1858, about 8:00 in the evening, Our Lady appeared in the grotto to Bernadette. After a few Hail Mary's the girl stretched her hands out to Our Lady. The Blessed Virgin looked more beautiful than Bernadette had ever seen her before. After about fifteen minutes Our Lady disappeared and now our saint would have to wait until she saw her in Heaven.

In June 1858, Bernadette received her First Holy Communion. She said that seeing Our Lady and receiving Holy Communion were both truly joyous occasions in her life.

Bernadette passed eight more years in Lourdes. She attended the school where the Sisters of Charity taught and the good sisters let her attend their school without having to pay tuition. During this time she learned to speak proper French, and to read and write.

When Bernadette was sixteen, because of her poor health, the pastor arranged for her to stay with the Sisters of Charity at the hospice. She also lived there because many people interrupted her family life at home.

In January 1862, Bishop Laurence declared that the apparitions at Lourdes were true and that it was indeed the Blessed Virgin who had appeared to Bernadette. In October, sixty men worked to clear the land over the grotto so that a majestic basilica could be built at Lourdes.

In 1866, Msgr. Fourcade visited Bernadette and asked, ***"Do you think you might like to become a nun?"***

To this she replied, ***"But Monsignor, it is impossible for me to become a nun because I am poor and I do not have the necessary dowry."***

The priest explained, ***"Sometimes convents accept a poor girl if they are convinced that the girl has a vocation. Pray to Our Lady for guidance in this important matter."***

Bernadette was questioned over and over again by various priests about the apparitions of Our Lady. She was always very patient and understanding and answered their questions in a very polite manner. In spite of all the proof of the apparitions, which these priests had gathered, Fr. Peyramale still wanted a special sign from God that the apparitions were true. And he wanted to receive this sign before Bishop Laurence had given his final approval of the apparitions at Massabielle. His prayer was answered one Sunday during Mass, when he



noticed someone at the altar with a bright halo around her head. He gave the person Holy Communion and then followed her with his eyes until she was back in her place. Then as the girl turned around to kneel down he saw that the girl was Bernadette. Now he no longer had any doubts about the apparitions at Massabielle.

In July 1866, Bernadette joined the novitiate of the Sisters of Charity at Nevers. There she was known as Sister Marie Bernard. She was to suffer a great deal at the Motherhouse because for most of her convent life her Superiors would be very strict toward her and treat her as nothing. But they did this so that Bernadette would not become proud of the fact that she had seen the Blessed Virgin.

Sr. Marie Bernard had a sensitive nature and when her Superiors humiliated her she felt hurt to some degree. But she remained humble throughout her life and turned her humiliations into the beautiful virtue of humility—accepting all from the hand of the good God.

Many of the sisters at the convent loved Bernadette and many enjoyed the funny stories she used to tell during recreation. They also laughed when she used to mimic people's mannerisms.

After three months of being in the novitiate, Bernadette became extremely ill and was given the Last Rites. She wanted to take her vows before she died and after a meeting of the Superiors the Bishop was called. Because Bernadette was so weak, the Bishop said the formula and the dying novice just answered, **"Amen."** Bernadette then received a veil, a crucifix, a rosary and a rulebook. But the young novice did not die that night—God did not want her in Heaven yet!



After a year of her novitiate passed, Sr. Marie Bernard pronounced her vows at the altar rail and then received Communion from Bishop Forcade. Later in the noviciate hall, Bernadette knelt at the Bishop's feet and received again the crucifix, rosary and rulebook which she had received nine months earlier. But when it came to assigning her to another convent, there was no assignment for her. At this point Mother Imbert said, **"This child is good for nothing. She would be a burden on any house we sent her to!"**

The Bishop then asked Bernadette, **"What are we going to do with you?"**

It was then decided that the girl would peel vegetables and make herb tea.

Sr. Marie Bernard felt very strongly the humiliation of being called 'good for nothing', and she admitted it to a companion. But later at recreation she forced herself to be cheerful, just as though nothing had been said to her.

(Continued on page 9)

(... Continued from page 4)

Later Sr. Marie Bernard got a better assignment in the community—she became the official assistant to the Infirmarian—Sr. Martha. And Bernadette turned out to be a great assistant—she kept the infirmary clean, but most of all she cheered, encouraged and comforted the sick sisters in the infirmary. These sisters were most happy to be nursed by Bernadette.

To one patient Sr. Marie Bernard encouraged, **"We must suffer a little for the good God my dear; He suffered so much for us. When we get to Heaven we will be happy, but down here we must not rely on this life."**

On December 8, 1866, Bernadette's mother died. When Bernadette received the news she shed many tears. She was so heart-broken that she fainted.

In 1870, the Franco-Prussian War broke out and twenty more beds were added to the Motherhouse for the wounded soldiers. Bernadette would like to have helped these soldiers but she was now practically head infirmarian because Sr. Martha had become too feeble.

In January 1871, The Blessed Virgin Mary appeared in the village of Pontmain, France. She was holding a Crucifix and her message was written in the starlit sky: **"But pray, my children. God will hear you in a short time. My Son permits Himself to be moved."** And that very night the Prussians withdrew—and the Franco-Prussian War ended ten days later when a peace treaty was signed. Our Lady had saved France! Now the convent life at Nevers could go on normally.



Bernadette was gentle, loving, caring, and loyal in friendship. She was always grateful for the smallest things that were done for her. But all this did not come naturally—for Bernadette had to work for the virtues she had, just as we do. She had a strong will and was quick to control her feelings. She was always aware of the fact that Our Lady had appeared to her and spoken to her and she knew that it was necessary to act on these graces every moment of her life.

On March 4, 1871, Bernadette's father died. Again the poor sister was broken-hearted. She was crying her heart out and another sister comforted her. Sr. Marie Bernard told the sister. **"Always have a great devotion to the Heart of Jesus in Agony, for when you lose your dear ones and you are**

March 2011

I	N	F	I	R	M	A	R	Y	M	A	S	S	Q
H	H	M	A	R	Y	Q	T	N	E	V	N	O	C
A	U	V	E	I	L	G	N	I	L	I	O	B	X
L	M	F	O	O	D	F	R	A	N	C	E	A	Q
O	I	H	T	O	B	I	A	S	X	G	P	S	C
S	L	O	U	R	D	E	S	Q	X	O	R	I	O
T	I	S	N	O	S	I	C	K	Q	D	A	L	M
R	T	P	U	S	X	J	E	S	U	S	Y	I	M
A	Y	I	N	A	N	E	V	E	R	S	E	C	U
P	Q	C	P	R	I	E	S	T	S	Q	R	A	N
H	X	E	Q	Y	X	Q	O	T	T	O	R	G	I
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E	C	R	U	C	I	F	I	X	Y	E	B	O	N
L	Q	S	T	B	E	R	N	A	D	E	T	T	E

ST BERNADETTE
COMMUNION
ST RAPHAEL
INFIRMARY
HUMILITY
CRUCIFIX
CONVENT
BASILICA
PARENTS
BOILING

LOURDES
HOSPICE
GROTTO
ROSARY
PRIESTS
FRANCE
PRAYER
NEVERS
TOBIAS
DEATH

MARY
JESUS
MASS
FOOD
HALO
OBEY
SICK
VEIL
GOD
NUN

INTENTION FOR THE MONTH OF March 2011



St. Vincent de Paul, the great apostle of charity

Daily offering

(To be recited every morning when you wake up)

O Jesus, through the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day, for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, and in reparation for my sins. I offer them particularly **for the sick, especially the isolated and abandoned, and the incurable.**

December 2010 Treasure Sheets										
	Daily Off.	Mass	Sacr. Com.	Spir. Com.	Sacrif.	Dec. Ros.	Visit Bl. S.	15 Min.	Good Example	Quantity
QC	417	150	132	286	1237	1374	107	120	1164	13
ON	916	399	302	959	1832	3928	261	254	1442	34
MB	62	11	9	48	62	62	8	21	62	2
SK	341	69	55	351	4050	1799	81	96	1430	12
AB	341	91	78	240	405	1520	172	339	409	11
BC	354	95	42	79	341	979	57	1	132	12
Total	2431	815	618	1963	7927	9662	686	436	4639	84

TREASURE CHART FOR THE MONTH OF MARCH 2011

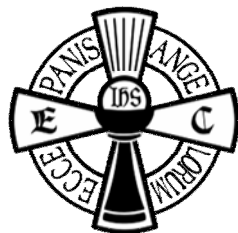
Day	Daily Offering	Mass	Sacr. Com.	Spir. Com.	Sacrifices	Decades of Rosary	Visits Bl. Sacr.	15 Minutes Silence	Good Example
1									
2									
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16									
Total									

Note about sending your total to the Secretariat:

- Vancouver, BC:** give it to Mrs. Leung
- Wilmot, ON:** give it to Fr. Peter Scott
- Welwyn, SK:** give it to Mrs. Mailloux
- Winnipeg, MB:** give it to Fr. Gerard Rusak

Other locations: Preferably, e-mail the total:
EucharisticCrusadeCDN@gmail.com

Mailing address:
 Eucharistic Crusade 905 Rang St. Mathieu E, Shawinigan, QC G9N 6T5



TREASURE CHART FOR THE MONTH OF MARCH 2011

Day	Daily Offering	Mass	Sacr. Com.	Spir. Com.	Sacrifices	Decades of Rosary	Visits Bl. Sacr.	15 Minutes Silence	Good Example
17									
18									
19									
20									
21									
22									
23									
24									
25									
26									
27									
28									
29									
30									
31									
Total									

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March 2011

Total of the Month									
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To be sent to the secretariat of the Eucharistic Crusade. See note on previous page.